

[The Endless Recycling Journey of Glass and Metals](#)

written by Saarani Vengadesen | 13/08/2021

Though [recycling](#) waste is better than sending it to landfill, it does not mean we can recycle it forever. After a number of cycles, some materials will start to lose quality. [Paper](#) can be recycled five to seven times before losing quality while [plastic](#) can often be recycled only once or twice. [Glass](#) and metals, such as [aluminium](#), can be recycled indefinitely without a loss of quality. This is cost effective and less energy intensive as manufacturers do not need to add more [virgin materials](#).